

	Monday		Tuesday		Wednesday		Thursday		Friday
1 3	Saturday	4	HT Leave for Alburquerque	5		6		7	
	Beg. Country Line Dance	8:00	Skat	8:30	Pool League 9 Ball	9:00	Senior Outreach	9:00	Self Defense
9 5	<u>Sunday</u>	8:30	Pool League 8 Ball	8:30	SCAMP	9:00	Foot Care	10:00	Memory Cafe
		9:00	Tai Chi	9:00	Hand Chimes	9:00	Hand Chimes	10:00	
3		9:00	AARP Board Meeting	9:45	Video Chair Exercise	9:00	Yoga	10:00	
	Low Impact Chair Exercise	10:00		12.20	Movie "In the Heart	10:00	Hiking	11:00	
	Woodcarving Club	10:00	Acrylic & Oil Painting Class Singing	12:30	Movie-"In the Heart of the Sea"	10:00	Scrapbooking Beginning Bridge	12:30 1:00	Memories Writers Group
			Bridge	12:00	Hand & Foot	10.00	Degining Druge	1:15	Sheepshead
1:00	Euchre	1:00	Windows 10 for Beginners		Canasta	12:00	ROMEO's—Schmitty's Oar House	1:30	Game Day
	German Club	1:00	Bingo-Sponsor: FDL Lutheran Hm	1:00	<b>Recreational Sheepshead</b>	12:30			er Day-Wear your Green & Gold
	Poker	1:00	Stitchery Group	1:15	Sheepshead	1:00	Flying Geese Quilters		
	Sheepshead	1:00	Drawing & Watercolor Class			1:00	Tech Tyme	8	<i>Saturday</i>
3:00	Cardio Drumming	3:00	Mixed Media Art Class	7:30	Wed Night Dance	1:30	Aging Mastery Program	8:00	FDL Art Association
5:30	Zumba Gold	6:00 6:30	Winnebago Woodworkers at NFDL Senior Dining-Goose Shot			5:45 6:00	TOPS #0566 Country Line Dancing	9	<u>Sunday</u>
	FDL Artist Association	0.30	Supper Social at 5:30			6:00	Chartastics Scrapbook Club		
		11		10			<u> </u>	11	
10		11	HT Trip to Ho Chunk Casino	<i>12</i>		<i>13</i>	HT Trip to Fireside Theatre	14	8:30 Flu Clinic
9:00	Low Impact Chair Exercise	8:00	Skat	8:30	Pool League 9 Ball	9:00	Hand Chimes	9:00	MPTC-Beg. Digital Cameras
9:00	Woodcarving Club	8:30 9:00	Pool League 8 Ball Bagels with Ben	8:30 9:00	SCAMP Hand Chimes	9:00 10:00	Yoga Hiking	9:00 10:00	Self Defense Class Red Hat Chorus
1:00	Happy Travelers-Australia	9:00	Tai Chi	9:45	Video Chair Exercise	10:00			Balance and Body Movement
1.00	and New England Previews	10:00		3.73	Video Cilali Lacicisc		Beginning Bridge		Balance and Body Movement
1:00	Euchre		Bike Ride-Hobbs Woods	12:00	Hand & Foot		Beg. Country Line Dance		Wii Bowling
1:00	German Club		Acrylic & Oil Painting Class	1:00	Recreational Sheepshead		<b>.</b>	1:00	Memories Writers Group
1:00	Poker	10:00	Singing	1:15	Sheepshead		Bridge	1:15	Sheepshead
1:15	Sheepshead	12:30	Bridge			1:00	Tech Tyme	1:30	Game Day
3:00	Cardio Drumming	1:00	Bingo-Sponsor: Harbor Haven	7:30	Wed Night Dance	1:30	Aging Mastery Program		er Day and Badger Day—
F-0-	Zumbe Oct	1:00	Stitchery Group			3:30	Melodies and Memories Choir	<u>15</u>	<i>Saturday</i>
5:30	Zumba Gold	1:00	Drawing & Watercolor Class			5:45	TOPS #0566	10:00	•
		3:00 6:00	Mixed Media Art Class			6:00 7:00	Country Line Dancing Sunset Stitchers	5:00	Supper Club-Sunset on the Water
		6:00	Winnebago Woodworkers Coin Club			7.00	Sunset Sutchers	<u>16</u>	<u>Sunday</u>
		6:30	Senior Dining-Ginos; Social 5:30						
17		18		10		20		21	
				<i>19</i>					
9:00	Low Impact Chair Exercise	8:00	Skat	8:30	Pool League 9 Ball	9:00	Hand Chimes	9:00	Self Defense Class
9:00	Woodcarving Club	8:30	Pool League 8 Ball	8:30	SCAMP	9:00	Foot Care	9:00	MPTC-Intermediate Digital Cameras
9:30	Book Club	9:00 9:00	Tai Chi MPTC—Internet Security/Your	9:00 9:45	Hand Chimes Video Chair Exercise	9:00 10:00	Yoga Hiking	10:00 10:00	
12:30	Movie-"In the Heart	3.00	Computer	-	Umbrella Brigade at		Scrapbooking	11:00	•
12.50	of the Sea"	10:00	-	10.50	Diverse Options, Ripon	10:00	. •	12:30	_
1:00	Euchre		Acrylic & Oil Painting Class		biroroo optiono, rapon	10:30		1:00	Memories Writers Group
1:00	German Club	10:00		12:00	Hand & Foot			1:15	Sheepshead
1:00	Poker	12:30		12:00	Canasta	12:30	Bridge	1:30	Game Day
1:15	Sheepshead	1:00	Bingo-Sponsor: Generations	1:00	<b>Recreational Sheepshead</b>	12:30	<b>Transit Committee Meeting</b>	Packe	er Day and <mark>Badger Day—</mark> Wear
3:00	Cardio Drumming	1:00	Stitchery Group	1:15	Sheepshead	1:00	Tech Tyme	Your 6	Green & Gold or Bader Red
		1:00	Drawing & Watercolor Class			1:30	AARP		
5:30	Zumba Gold	2:00	Beginning Card Making	7:00	Stamp Club	1:30	Aging Mastery Program	<i>22</i>	<i>Saturday</i>
		3:00 6:00	Mixed Media Art Class Winnebago Woodworkers at NFDL	7:30	Wed Night Dance	5:45 6:00	TOPS #0566 Country Line Dancing		Make and Take-Fabric Pumpkins
		6:30	Senior Dining-Roepke's			6:00	Chartastics Scrapbook		-2:00 Gift Shop Open
		0.30	Social at 5:30			0.00	Chartastics Scrapbook	<u>23 S</u>	<u>Sunday</u>
			300iai at 0100			Hanny	Travelers leave for New York		
0.4		0.5		00				00	
<i>24</i>		<i>25</i>		<i>26</i>		<i>27</i>		28	
8:00	Newsletter Assembly	8:00	Skat	8:30	Pool League 9 Ball	9:00	Foot Care	8:30	Wellness Morning
9:00	Low Impact Chair Exercise	8:30	Pool League 8 Ball	8:30	SCAMP	9:00	Hand Chimes	8:30	Hearing Screenings
9:00	Woodcarving Club	9:00 10:00	Tai Chi Hiking	9:00	Hand Chimes Video Chair Exercise	9:00	Yoga Hiking	8:30 9:00	Health Screenings Friends Board
12.20	Red Hat Halloween Party	10:00 10:00		9:45	viueu Cilair Exercise		Beginning Bridge	9:00 10:00	
1:00	Euchre		Massage	12.00	Hand & Foot	10:00		10:00	
1:00	German Club		Bridge	1:00	Recreational Sheepshead	_5.50	0"	11:00	
1:00	Poker	1:00	Bingo-Sponsor: Lincoln House	1:15	Sheepshead	12:30	Bridge	12:30	-
1:15	Sheepshead	1:00	Stitchery Group		•	1:00	Tech Tyme	1:00	Memories Writers Group
3:00	Cardio Drumming	1:00	Recreational Bid Euchre	7:30	<b>Wed Night Dance</b>	1:30	Aging Mastery Program	1:15	Sheepshead
		1:00	<b>Drawing &amp; Watercolor Class</b>					1:30	Game Day
5:30	Zumba Gold	2:00	<b>Community Cares</b> at the Woodlands			5:45	TOPS #0566		er Day and Badger Day—Wear
		3:00	Mixed Media Art Class			6:00	Country Line Dancing		Green & Gold or Bader Red
		6:00	Winnebago Woodworkers at NFDL			6:30	Alzheimer's Support Group		<b>Saturday</b>
		6:30	Senior Dining-Blanck's Supper					9:00	Scrapbook Crop
			Social at 5:30					<u>30</u>	<i>Sunday</i>
<i>31</i>					TIO DO : : : : :				
	Low Impact Chair Exercise		Out Books are available for	LE	T'S DO LUNC	H!		9	OFFSITE SUPPORT GROUPS
	Woodcarving Club		ase as well as Kwik Trip Gift Cards	The	Senior Center is	a me	eal site for the FDL		
		and m	any other gift cards.		unty Senior Nuti			10/10	0 10:00 Parkinson's Support
1:00	Euchre				_		5 a.m., lunch is	40.75	Group- Aurora Health Care
1:00	German Club	Gift SI	nop is open				·	10/13	1 8:30 Prostate Cancer
1:00			Monday-Friday			_	dless of income, with		Support Group-Rolling Mandows Family Postagrant
1:15	heepshead 4-6 Thursday				a suggested donation of \$3 for those age 60 or over. Registration for lunch is required by calling 929-3937 at				Meadows Family Restaurant 8 4:00 Diabetic Support Group
3:00	Cardio Drumming	3rd Sa	nturday 10-2 (Except Oct-4th Sat)	ove	r. Registration fo	r lund	on is Senior Dining	-0/ 10	at Aurora Health Care Center
- 00	Zumha Gold			uired by calling 92	929-3937 at Senior Dining			The state of the s	

required by calling 929-3937 at least one day in advance by 1 p.m. Menus are available at the front desk or our website:

fdlseniorcenter.com

5:30 Zumba Gold

Open Pool daily except during

league playing time.

\*\*All Orange Events are held Offsite